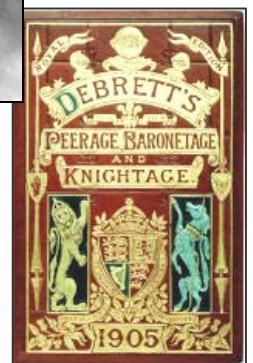
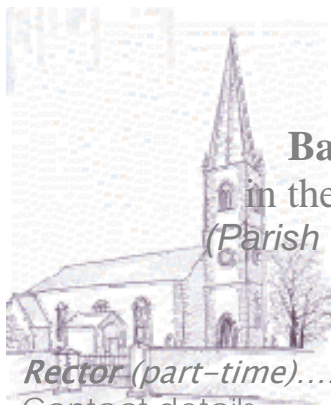


# Ballyscullion Parish Church Magazine



Spring 2010





**Ballyscullion Parish Church**  
in the Diocese of Derry and Raphoe  
(Parish website is [www.ballyscullion.com](http://www.ballyscullion.com))



**Rector (part-time).....Canon E.R. Lavery**

Contact details

Address: 11, Drumnamallaght Park, Ballymoney BT53 7QZ

Tel. 028 2766 9147

**Jesus can be contacted 24 hours a day: just go on-line via your knee-mail. Anon**

Rector's Churchwarden: Mr Jackson Frew

People's Church Warden Mr Wesley Davidson

**Organists**

*Mr Fred Dunlop, Miss Julie Kissick, Miss Jill Lennox*



**Church Notices**

Morning prayer Sundays at 11.30 a.m

Holy Communion is held the First Sunday in each month at 11.30 a.m

Sunday School at 10.30 a.m.



**Parish Records**



**Holy Baptism**

27<sup>th</sup> June, 2010

Thomas Richard, son of Heather and Darren Frew

**Burial**

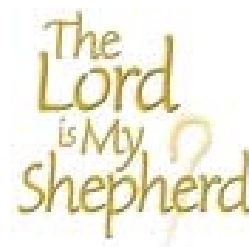
We extend our sympathy to the families of those departed.

3<sup>rd</sup> May, 2010

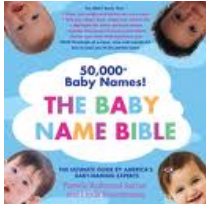
Eric Matthew Mawhinney

25<sup>th</sup> May, 2010

Mary Patricia Evans



## Naming the baby



Choosing a name for your baby can be fraught with difficulties: family sensitivities, fashion and phonetics all need to be taken into account if you are not to land your offspring in life-long difficulties. Parents' top 10 choices since 1837 are these:

Boys: 1 John; 2 William; 3 Thomas; 4 James; 5 George; 6 Joseph; 7 Robert; 8 Arthur; 9 Charles; 10 David.

Girls: 1 Elizabeth; 2 Mary; 3 Mary Ann; 4 Margaret; 5 Ann; 6 Jane; 7 Ellen; 8 Sarah; 9 Alice; 10 Annie

Whatever name you have been given, be certain that God knows it! Isaiah 43:1 says:

“ He who created you.... he who formed you...fear not, for I have redeemed you; I have summoned you by name; you are mine.”

*My Dear Parishioners,*

To be a Christian is surely to have a commitment to Jesus Christ as we see Him in the Gospel. We must not imagine that we are called to lay hold upon one aspect of His life and teaching, and to emphasize it to such a degree that we depict for ourselves, and others, what could be a false picture of Christ. This has happened frequently and has been the cause of so many of our unhappy divisions.



God, as we see Him in Christ, is love. The Gospel is full of love and, in the end, we see love incarnate, crucified and risen from the dead. But the love of Christ is strong and virile and far removed from the sentimentality with which it is sometimes confused and which is often paraded as the very essence of Christianity.

There are times when we have to speak out against evil, sin, wickedness, rudeness and often ignorance. There are days when we have to be angry. There are occasions when we have to be forceful. Because this was the way of Christ as we read Matthew Ch. 23.

*“Woe to you scribes and Pharisees, hypocrites! because you shut the Kingdom of Heaven against men. Woe to you scribes and Pharisees, hypocrites! because you are like white-washed tombs. You outwardly appear righteous to men, but within, you are full of hypocrisy and iniquity. You serpents, you brood of vipers, how are you to escape being sentenced to hell? How often would I have gathered your children together as a hen gathers her brood under her wings and you would not! Behold your house is forsaken and desolate.”*

There was another incident which happened in the precinct of the Temple when Jesus drove out all who sold and bought and He overturned the tables of the money-changers. He said to them

*“It is written my house shall be called a house of prayer: but you make it a den of robbers.”*

I know of course, all about the other side of Christ's personality, “Gentle Jesus meek and mild.” But there was this side also and we have to see and understand both sides if we are to have full view of his life and teaching. Is one to remain silent, or should we echo the words of Him whose love for little children was so great - and say-

*“It would be better for him to have a great millstone fastened around his neck and to be drowned in the depth of the sea.”*

I leave you with these thoughts for the summer months and look forward to seeing you with renewed enthusiasm in September.

*Yours in His service,  
Canon Robin Lavery*



# Love, Faith and Hope Foundation

## *Fundacion, Amor Fe y Esperanza (AFE)*

This year we were very pleased to send a cheque for £1600 to help in the rescue of street children in Venezuela. The directors of the Love, Faith and Hope Foundation (AFE) send their gratitude and thanks for Ballyscullion Church's generous contribution to this worthy cause and are pleased to report that Vivienne's legacy is still producing good fruit and the older boys have moved on to follow their careers. Brulyz is now a physiotherapist in the Regional State Sport Institution working with young sports men and women who represent the state in national and international competitions. He also takes on other jobs to supplement his pay (salaries in Venezuela are very low). Miguel, the first boy into the home, is now married and working for a company called Oxycar as a mechanic. He is very happy and he and Brulyz regularly visit Ruth and Josue, the previous houseparents who have now retired. Brothers Lennon and Clint are also doing well for themselves. Lennon is working as a computing engineer for a local computing service company and Clint is still studying computing engineering at the local university. This is what the money we sent has helped to achieve.

*Anne Overend*



*Miguel and Leniskira's wedding*

The following report was received in May from the Pastor of the Lutheran Church of Valencia who is now also president of the Foundation.

## **AFE REPORT**

Greetings friends of the AFE Home Foundation "Love, Faith and Hope" (Amor, Fe y Esperanza, [AFE])

We are arriving at the end of the first four months of the year 2010, only 45 days remaining to the end of the School Year and we are very happy to see the healthy growing of the boys of AFE. Willmer and Jose Luis, both are 18 years old; they finish their high school studies this year and hopefully, and with our help they will be able to continue their education at a technical or university level. Willmer Colmenares and Jorge Luis Leon are ending their stay at the AFE home and are getting ready to begin a new phase of their lives.

## **Jose Luis & Leo**



## **Luis Manuel, Wilmer & Gorge**



**Some of the boys  
from Casa Hogar**



We will be doing our best to be at their side in the coming years as we have been doing with the other kids who left AFE when they got to their majority of age.

Our plan for this semester includes the acceptance of six (6) new children age between 4 to 7. We are in conversation with the Naguanagua Council for the acceptance of 4 children, two of them from the San Blas community. Our vision and desire is to accept orphan children who are abandoned and at risk and to give them the warmth of a family life and to teach them Christian values; our plan is to keep them until they are 18 years of age, under the protection and guidance of AFE. Then, under a transaction plan, they will be receiving our support until they are 23 so that they can finish their technical studies and can get a job.

### **Bakery Project.**



Thanks to the help of the Congregation of Lisalmi-Finland (MELF), of the Foundation Vniños, the Women’s Club of Valencia, the Lutheran Church of Valencia and all the contributors from Venezuela and abroad, it was possible to achieve the installation of a bakery in the existing premises of AFE in Los Mangos. Thanks to the Women’s Club who always has been of great help in our projects, together with Industrias Del Monte, it was possible to make the necessary improvements for the installation of the bakery and the acquisition of the equipment.

### **Jose Gregario in the bakery**

Our objective with this project is to help in the financing of AFE by selling products which are going to

be made by AFE personnel and also it is going to be a centre for training the AFE kids so that they can learn a trade, learn the habit of working and get some pocket money as an incentive. The product will be marketed between small companies which are willing to help AFE and we are also planning to offer these products to institutions such as A.C Niño Feliz and to some other companies which have offered to support us in this enterprise. When we get to the point that we are able to increase the variety of breads and our production, our long term plan is to offer our products to the public.



In this brief report we would like to thank God for the privilege of loving and serving the children. Thanks to the surrogate parents Orlando and Janet that, together with their family, have been able to gain the heart of the children, remembering the words of Jesús: “Just as I love you, you must love one another. If you love each other, everybody will know that you are my disciples” San Juan 13:34,35.

We thank God for all of you who support us in this endeavor. We know and we are sure that if only one child is saved in this love, working together, our work would not have being in vain.

*Por la Fundación Amor Fe y Esperanza.  
P. Gerardo A Hands C Presidente.*

## Family Service



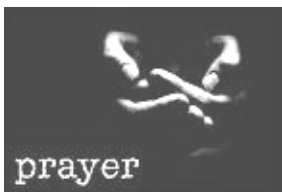
Our family service took place on the 13th June 2010. The Sunday school children led the service through lessons and choruses. Our theme was 'planting the seed'. The children planted sunflower seeds at Sunday School on Rogation Sunday some weeks ago, so we carried this theme through to Children's Day when the children showed the congregation how the seeds had grown into healthy plants.

The children read two passages from Mark 4 v 26-33. The first part was about the 'parable of the growing the seed' and the second part told us about the 'parable of the mustard seed'.



Canon Lavery gave an interesting sermon on sowing the seed and how we as Christians should spread Gods word to make it grow in our lives and the lives of others.

## Prayer equality



When my daughter, Kelly, said her bedtime prayers, she would bless every family member, every friend, and every animal (current and past). For several weeks, after we had finished the nightly prayer, Kelly would say, "And all girls." This soon became part of her nightly routine, to include this closing. My curiosity got the better of me and I asked her, "Kelly, why do you always add the part about all girls?"

She replied, "Because everybody always finishes their prayers by saying 'All men.'"



## World Cup Final



The World Cup Final takes place on Sunday 11 July at 7.30pm BST in Johannesburg's Soccer City. If the FIFA World Rankings are to be believed, Brazil should be meeting Spain in the final. ( they got half of it right !)

To realize their dream each team has to negotiate the group stage, and then win a knock-out last 16, quarter and semi-final.

Brazil is the most successful team in the history of the World Cup. Not only have they participated in every World Cup; they have won the trophy an unprecedented five times. Spain who have vied with Brazil for first place in the world rankings since becoming European champions in 2008, are the perennial underachievers who have never even reached the final.

Up until 2002 when the World Cup went to Asia, it had alternated between Europe and the Americas and generally resulted in a winner from the host hemisphere – Brazil's win in Sweden in 1958 being the only exception. In addition the host country has won the World Cup 6 times. None of that is very relevant as South Africa is one of the weakest countries in the competition – and none of the other African countries looks capable of being a serious threat.

All in all Brazil seemed to be the team to beat. They won the dress rehearsal – the 2009 Confederations Cup in South Africa. Last year Lucio, the Brazil captain, shared his hopes for 2010. "For me personally, [an ambition] would be to win the Champions' League, because in the 2002 final, my team, Leverkusen, was not able to win. But without a doubt, my greatest goal will be the World Cup. Especially as I am the captain of a team which is coming together. Winning the Confederation Cup was a great experience. Winning that title was important, but being able to glorify God and show the world with my life that God cares for me and that I love him, irrespective of what will happen in football was even better. Without a doubt my great dream for 2010 is to win one more title with the Brazilian National Team".

Already a World Cup winner, Lucio recalls, "2002 was a special moment. It was a time when I could see the hand of God in every day. I believe that God has kept me on the Brazilian National Team and has kept me involved in great competitions. We had the opportunity to thank God for the whole world to see. Without a doubt, this was more important than the title". In the form of his life and with a deep faith in God, Lucio approached the FIFA World Cup South Africa™ with confidence.

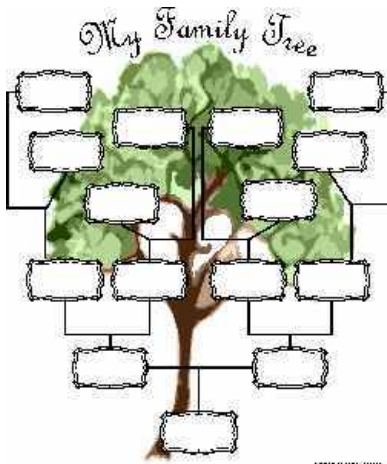
(at the time of writing Spain and the Netherlands are in the final so Lucio will have to wait until the next time!)

**Netherlands**



**Spain**





It all started 30 years ago, the commencement of my addiction to Family History research!!

In those early days of my research there was no such thing as the internet. All my information was gathered through speaking with elderly relatives, then buying of certificates, or manually checking church records via microfilm or microfiche. I trawled through many, many indexes looking for microfilms that I could order, often waiting weeks for them to arrive at my local library for viewing.

Then along came the internet!! As time has passed the number of records & indexes has increased dramatically.

For most of this time I have been trying to establish where my husband, Stuart's, grandmother had been born. Her name is Sarah Souter (Shuter). She was a twin, to Rachael. They were born on 1<sup>st</sup> July 1877 to Thomas Souter & Margaret Devlin. Every record that I checked only stated that Sarah & Rachael were born in Ireland. Not long after the twin's birth, Thomas & Margaret, with their young family, immigrated to Dumbarton in Scotland. Thanks to the 'Scotlands People' website I have been able to build up details of the Souter family through census, birth & marriage records. Unfortunately, on all the records that I checked, it still stated that Sarah was born in Ireland. No mention of a parish or townland in sight!!

On a hunch I decided to check once more for any new records that had been released & to my delight I came across a birth record of a younger child of the family. His name was Thomas & there in his details my first clue – his parents were married at Bellaghy, Derry. Armed with this new knowledge I started searching for churches in the Bellaghy area of Ireland & up popped your fabulous website! Eager for more information & hoping that I could finally uncover where the Souters had lived, I sent an e-mail to the address on your website & asked if it would be possible to search the church records.

Next day I received a very welcome e-mail from Richard Frew, confirming that Sarah & Rachael were in fact baptised at St. Tida's, where their parents, Thomas & Margaret were married. Success!!



Rachael on left & Sarah Souter (Shuter)

We were in the middle of planning a trip to Ireland & were now very excited to be able to visit the church & surrounding area of Bellaghy.



Not one to sit on my laurels & having the need to satisfy my lust for finding out more, I employed Richard to delve deeper into the history of this family. We quickly established that Thomas Souter (Shuter) was from Ballinderry, near Coagh. This in turn led Richard to find Christine Shuter, a distant cousin. I corresponded with Christine & made arrangements to meet with her & her family whilst we were in Ireland. She very kindly showed us original parish records of the Shuter family & we even found the old derelict farmhouse near Ballinderry!!

We also met with Richard Frew & John at your church. It was so lovely to be able to meet all these wonderful people that are so willing to help.

In conclusion, had it not been for your informative website, we would not have been able to visit such a lovely part of Ireland. Our visit was a great experience, made so much better being able to visit where our ancestors once walked.

We wish to thank all who are involved in developing & maintaining your website.

Thank you & Kind regards,

*Gaye & Stuart Lockhart*  
Sydney, Australia



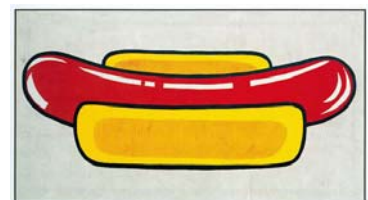
Stuart & Gaye Lockhart with Richard & John

Have any of you traced your family tree? If so, and you would like to write an article for the magazine on your findings please do so for the next issue in September.

## Beware hot dogs!



Don't risk cooking your dog alive this summer. A dog left in a car, conservatory, greenhouse, caravan or even a shed will quickly begin to suffer from heatstroke and can die an agonising death. On a warm day these places can quickly resemble an oven, and can well kill the dog. It is NOT enough to leave a window open and a bowl of water. A dog is covered up to 90 percent in hair – a warm airless



place will cause them great discomfort and soon heatstroke and death.

If an animal does become overheated, give it a cool shower of water immediately, and call a vet. Once it goes into shock and loses consciousness it may be too late.

## Why some people don't do DIY

Are you hopeless at DIY? Does the sight of flat-pack furniture fill you with dread Or are you planning some DIY over the summer holidays?

If you're hopeless at DIY don't let your family and friends mock you – it is not your fault. You simply don't carry the DIY gene, that's all. In fact, it seems that two in three Britons lack the necessary spatial awareness needed to complete DIY tasks, according to recent research.



While overall men scored higher in the experiment, one psychologist explained: “Some people simply do not have the mental equipment necessary to manipulate shapes, and will always struggle to complete DIY tasks successfully.”

The research, by Halifax Home Insurance, came up with one scary statistic: damage costing £400million was caused last year by people who lack any genetically pre-determined DIY ability, but who thought they'd have a go, anyway...

The Bible tells us that DIY aptitudes are God-given. “...I have filled him with...skill, ability and knowledge in all kinds of crafts – to make artistic designs... to cut and set stones, to work in wood, and to engage in all kinds of craftsmanship...” (Exodus 31: 3-5) So, thank God, if you can do it! And pray for help, if you can't.

## 14 Year old girls!

Daughters are harder to get through the teenage years than sons, and they are most trouble around the age of 14, it seems.

To be fair, girls of 14 have to cope with a lot. Raging hormones, intense peer pressures, boys, alcohol, even the temptation of drugs.... As one expert put it: “it's hardly surprising that teenagers throw the odd strop. As a parent, all you can do is count to 10 as often as it takes and just be there.” Certainly parents find it hard to decide just how much freedom and pocket money should be doled out to a 14 year old girl...

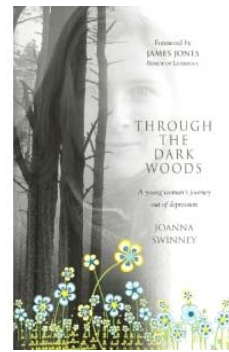


Meanwhile, the Bible saw a good few generations of people come and go, and knows all about the good things that parents can give to their children, from riches to knowledge. Best of all, it urges parents to tell their children about God: “... tell the generations to come the praises of the Lord, and his strength, and his wonderful works he has done...” So that children “might put their hope in God, and not forget the works of God, but keep his commandments...” The knowledge that there is a God out there who loves them is a great gift that a parent can give to their child – even a 14 year old girl!

## **BOOK CORNER**

### **Through the Dark Woods - A Young Woman's Journey Out of Depression** By Jo Swinney, Monarch, £6.99

This book is based on the author's own experience of wrestling with depression, and her story carries the book along. Using this structure, she discusses the stigma associated with depression. She talks of the importance of correct diagnosis, and the challenges of day to day survival. She takes an honest look at the temptation to suicide, and how depression affects one's prayer life and relationship to God. Where are the sources of comfort and healing? Jo Swinney considers biblical characters subject to depression, and argues for the importance of sharing stories. Finally she asks, what does her depression teach her?



### **Let's Stick Together** Harry Benson, Lion, £6.99

In the excitement and exhaustion of becoming parents, the first thing that can get overlooked is your relationship. You might spend less time together, argue over little things, drift apart...In the UK, one in five children see their parents separate before the end of their first year at school. Almost in in two children experience family breakdown before they finish school. But it doesn't have to be like this. Most family breakdown IS avoidable. In 'Let's Stick Together', relationship educator and father of six Harry Benson guides you through three simple habits that research shows make or break new mums and dads.



### **I Want to Know About the Bible** By Christina Goodings, Lion children, £6.99

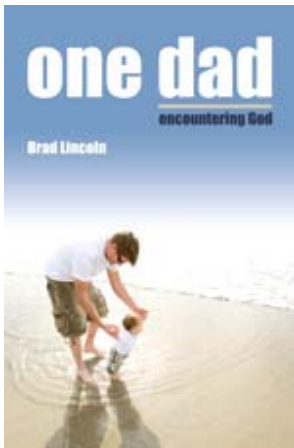
Providing an accessible introduction to the Bible with a series of information pages, feature boxes and illustrations, this paperback presents key episodes from the unfolding story of the Bible to help young readers understand what's in the Bible, how it came to be put together and why people still read it today. Topics covered include storytelling, Bible languages, types of writing, the prophets, the Gospels, the early Christians, gathering the books, and how to read the Bible. Together they offer a concise, comprehensive yet accessible introduction to the book of the Christian faith.

### **The Pregnancy Book - Spiritual & emotional survival for first-time parents** by Will & Lucinda van der Hart, IVP, £7.99

A human, wise and sometimes hilarious guide to the journey through pregnancy and beyond into what the authors call 'the upside-down world of new parenthood'. Will and Lucinda show, from both a male and female perspective, how to thrive - spiritually and emotionally - in this transitional phase of life.



'Will and Louie's insights into impending parenthood will be helpful to anyone expecting a child.'



## One Dad encountering God By Brad Lincoln, BRF, £6.99

*'How would my life be different if I really understood God? What if, instead of a muddle of ideas and half-thought-through concepts jumbled together, a mess of Sunday School images and media caricatures, I carried around inside my head a real concrete image of God that I could relate to?'*

Brad Lincoln shares his reflections on what it means to him to be a dad, and how that simple metaphor has come to explain powerfully and clearly a more real and concrete image of what God is like. He explains through the themes of Knowing God, Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control how his own parenting role has informed his feelings about life, the

universe and God.

Written for men, the book illustrates clearly that God has left a clue about his personality inside us, as if, in making us, he left his signature!

This book is practical, personal and engaging. If you are a dad to younger children, you shouldn't hesitate to read it. If you know a dad, read it and pass it on to him.

12



### Sunday School Outing

The Sunday school trip this year was to the 'Jet Centre' just outside Coleraine, this took place on Saturday the 19<sup>th</sup> June. The Jet Centre has many activities available for the children. We visited Alley cats first, which is an adventure playground where the children can climb, go down slides and have lots of fun. After Alley cats everyone went 10 pin bowling and then

to McDonalds for some food. This was followed by fun and games at the beach and some even braved the cold sea water. The day finished off with an ice cream and we had a DVD to relax on the way home in the bus.

The Sunday School teachers would like to thank all the parents who have supported the Sunday School throughout another successful year and wish everyone a wonderful holiday.

See you all in September.

*Yvonne Davidson*

### Untimely answered prayer



During the minister's prayer one Sunday, there was a loud whistle from one of the back pews. Tommy's mother was horrified. She pinched him into silence and, after church, asked, "Tommy, whatever made you do such a thing?"

Tommy answered soberly, "I've been asking God to teach me to whistle, and suddenly, he did!"

## From Ottawa to Bellaghy – Home of our Ancestral Roots

In looking at the length of my family's history, we are really very young Canadians still. We have 700 years of history combined in Scotland and Northern Ireland and only a little more than 100 years in Canada so, it makes sense to me that I have felt the pull of Northern Ireland and Scotland.

It was actually quite by accident that I found out about our ancestral ties to Northern Ireland.



During months of unwinding our tangled Scottish ancestral threads from some old Burkes and DeBrett's Peerage clippings, I came upon mention of Downhill and Ballyscullion. We had always known we had Scottish ties but Northern Ireland? I was enthralled and spent months researching the stories behind the dry facts.

And what better way to celebrate my mother's 75th birthday and my 50th than, once having put together the history, visiting it! And so, on the afternoon of August 26, 2009, we arrived in Northern Ireland, to the scenic town of Portstewart.

For two women who have lived their lives in the Ottawa valley, arriving in Portstewart at the edge of the ocean was awe inspiring. It is nature at its most beautiful and powerful and throughout our 5 day stay, we spent many happy hours just walking along the cliffs.

As a side note, in terms of the weather, I had heard the UK was just a "touch" wetter and cooler than Canada. I wish to publicly thank my former brother-in-law and close friend, John Craig, who insisted on buying me the best water proofed rain jacket on the market. It was well used!

We spent the first few days of our trip touring the Portstewart area and one of our favourite stops was the Giant's Causeway. Deep in that valley of ancient cliffs, standing on the precipice of volcanic stones out over the ocean, with the waves crashing behind me and the wind in my face, was a joyful experience I will not soon forget and if I do, I've only to look at the gorgeous pictures of this natural wonder to remind me.

Friday was our trip to Downhill Demesne. James Milliken of the National Trust and Jane Jack, a volunteer with that same organization, had kindly arranged to meet us for a guided tour of the estate. We started in the gardens at Bishop's Gate entrance, eventually making our way to the Mussenden Temple and the ruins of Downhill Palace itself.

It was a fascinating afternoon and we took up far more of our hosts' time than I'm sure they had planned on. I hope they know how much we appreciated their efforts. We can also assure anyone who wishes to visit Downhill that it does have the most beautiful gardens and forest, which will definitely shelter you from intermittent, torrential rain, should you need to run for cover. We were treated to many stories and anecdotes such as how the Earl of Bristol created a man-made lake and filled it with trout and that a particular object d'art now resides at Althorp. We also met with a group of archaeologists working on a dig project within the ruins of the palace and, in their pursuits, may have found the missing head of one of the lion statues which used to sit atop the main gate.



Sunday was our final day in Northern Ireland and what better way to finish off our stay then to attend the church of St. Tidas in Bellaghy and to visit 'Ballyscullion House', the home where my great, great grandfather, Henry Dalrymple Bruce was born and raised.



John Junkin went to enormous effort to arrange what would be the most memorable day of our trip. He picked us up in the morning and took us on a driving tour of the area around Ballyscullion. We then enjoyed a lovely service at St. Tidas Church, where we were warmly introduced to members of the parish, afterwards exploring the church history. I still have this image in my mind of the Hill and Bruce families sitting in their allotted pews so many years ago by a parlour stove to keep them warm.

After a delicious lunch at the Wild Duck Inn, where I had the opportunity to compare Yorkshire pudding made in Ireland, against what I was used to having in Canada (definitely better in Ireland) we had time to do some more exploring before our appointment at Ballyscullion and so headed for Bellaghy Bawn.

We toured this old stronghold and learned more about the history of the area and our family ancestral roots, as well as enjoyed an art exhibition. Standing at the top of what would have been, I think, the grand staircase, looking down at my mother on the ground floor, I felt the significance of the occasion. My mother, Mariette, was standing in the very place where more than 150 years ago her great great grandmother, Mariette Hill, so often stood. This was indeed the home where, as a young woman, the earlier Mariette became acquainted with and probably danced with her future husband, Henry Stewart Beresford Bruce of Ballyscullion.



When we arrived at our final destination of the day, 'Ballyscullion House', we met Mr. and Mrs. Richard Mulholland, who were welcoming and generous with their time and knowledge of the Estate and its history. I think I now have a better idea of how Ballyscullion came to leave our family ownership. However, I'll always wonder why my great great grandfather chose to emigrate to Canada and would the more recent history of our family be different had he outlived his father. Might we have returned to Ireland?

Standing outside later on taking pictures of the house and surrounding land, I couldn't help but believe a little in the theory of genetic memory and that a small part of us had come home from a long journey.

Meredith A. Gowling (Ottawa)

Meredith Dowling, like many other people world-wide, came to know about our church and its history by logging on to our own parish website – [www.ballyscullion.com](http://www.ballyscullion.com)

### Say a prayer

Young James and his family sat down to Sunday dinner at his grandmother's house. When James received his plate, he started eating right away. "James! Please wait until we say our prayer," said his mother.

"I don't need to," the boy replied.

"Of course, you do," his mother insisted. "We always pray before eating at home."

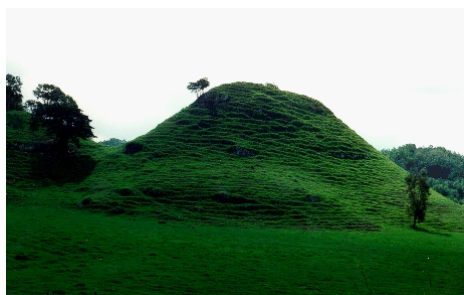
"That's at our house," James protested. "This is grandma's house, and she can cook!"



## Did you know that you were over the hill?

If you are 58 or more, it seems that others may think that you are. A new survey has found that most of us consider 'youth' to be over by 35, and 'old age' to have begun at 58.

This may come as a surprise to many people who are more than 58, but who do not feel quite in the twilight of life just yet! After all, older people are living more active lives than ever before. The survey was done by the Economic and Social Research Council in London.



However old you are, here is an encouraging promise, found in Isaiah 46:3,4 : "I have upheld you since you were conceived, and carried you since your birth. Even to your old age and grey hairs I am he, I am he who will sustain you. I have made you and I will carry you; I will sustain you and I will rescue you." So no matter when you 'go over the hill', God knows all about it, and is there to help you, if you call on Him.



### A Fishy Tale

Fatty acids found in fish oils should be taken daily by everyone. There is 'compelling' evidence of their benefits: mainly protection against heart attacks, and in helping to lengthen your life.

Now some scientists recommend that healthy people should take 500mg of omega-3 fish oil a day, while those with heart conditions should aim for 800mg to 1,000mg. It is advised to talk to a doctor if you have a heart condition.

The Food Standards Agency advises that oily fish such as mackerel, tuna and herring are the best source of 'good' fatty acids. Other sources rich in omega-3s include salmon, sardines, trout and oysters.

We would like to thank all who helped raise the grand total of £470 for the Biblical Quiz

#### **FIRESIDE QUIZ RESULTS**

1<sup>st</sup> Prize      **Mr Wesley Davidson**  
2<sup>nd</sup> Prize      **Mr David Arrell**  
3<sup>rd</sup> Prize      **Mr Gerry Hammond**

The answers are as follows

1. Abigail	2 Priscilla	3 Nathan	4 Leah	5 Elimelech
6 Goliath	7 Bathsheba	8 Matthew	9 Og	10 Reuben
11 John the Baptist	12 Agrippa	13 Uzziah	14 Balaam	15 Hosea
16 Eli	17 Judas	18 Delilah	19 Malachi	20 Ruth



## His Presence



The earth is drenched with God's presence  
His voice in the singing air;  
He whispers to us in the silence  
And speaks of his loving care.  
Healing the heart that is hurting,  
Breathing peace into my soul,  
Touching the bruised and the broken,  
Restoring and making whole.  
His purity pierces my spirit,  
His beauty a flaming dart-  
How can I not but surrender?  
For He has captured my heart.

by Kathleen Gillum

*poem submitted by Mrs. Sarah Davison*

## To be a Christian

When I say, "I am a Christian," I'm not shouting, "I am saved!"  
I'm whispering, "I get lost; that is why I chose this way."

When I say, "I am a Christian," I don't speak of this with pride.  
I'm confessing that I stumble and need Someone to be my Guide.

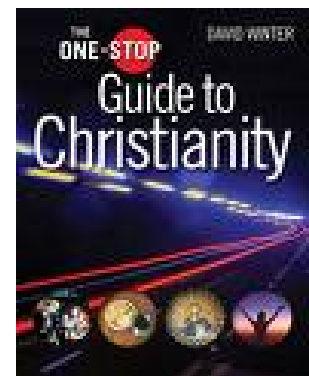
When I say, "I am a Christian," I'm not bragging I am strong.  
I'm professing that I'm weak, and pray for strength to carry on.

When I say, "I am a Christian," I'm not bragging of success.  
I'm admitting I have failed and cannot ever pay the debt.

When I say, "I am a Christian," I'm not claiming to be perfect.  
My flaws are all too visible, but God believes I'm worth it.

When I say, "I am a Christian," I still feel the sting of pain.  
I have my share of heartaches, which is why I cry his name.

When I say, "I am a Christian," I do not wish to judge.  
I have no authority; I only know I'm loved.



## Hearing

A man went into a church and asked the minister to pray for his hearing. "Ah, certainly," said the minister, somewhat taken aback. The man knelt, and the minister placed a hand carefully on each ear. In a loud voice he asked God to help the man with his hearing. "I hope that will help," he shouted to the man.

"Well, we won't know for a while," the man replied softly, "it isn't until next month".





A report of some of the work of Ballyscullion's Mothers' Union can be found in the most recent edition of 'N-Vision' magazine. Included is this item - **News from the Mothers' Union Diocesan Spring Council, 2010**

**If you would be interested in joining the Parish group then just look out for notices about meetings or talk to anyone who is already a member.**

#### Action and Outreach-

**Emergency Toilet Bags** for those admitted to hospital

It has been recommended that these should include the following items –

- a small bar of unscented soap
- facecloth
- comb
- small pack tissues
- toothpaste and tooth brush

#### **Trauma Teddies**

These are small knotted teddies given to the Ambulance Service at Altnagelvin Hospital. The pattern is available if you would like to knit while sitting in the sun in the back garden or in front of the television in the evening.

#### **Baby Items**

Patterns are available for clothing for premature babies 'Snugglies that will survive the hot washing machine.

#### **Reading Materials**

There has been a request for Mills and Boon books for housebound women and residents in Nursing Homes. These can be brought to the church any Sunday.



#### **Dates for Your Diary**

**Wednesday, 8<sup>th</sup> September – MU opening service**

**Friday, 10<sup>th</sup> September – Parish BBQ and Treasure Hunt**

**Friday, 8<sup>th</sup> October at 8.00pm - Parish Harvest Supper**

**Sunday, 10<sup>th</sup> October - Parish Harvest celebrations**

#### *From the Editor*

Thanks to those loyal contributors to the Parish magazine. It's encouraging when members of the parish indicate their interest by preparing and providing articles of local interest and Christian witness. To those of you who haven't yet made the leap into print, even good holiday snaps could add to the magazine. Whatever you do this summer – enjoy,

*Lorna Crocket*



Want to manage your grass to improve wildlife? ..... Go to the RSPB website for details at

[www.rspb.org.uk/hfw/advice/06](http://www.rspb.org.uk/hfw/advice/06)

All the words in this word search begin with the letters JU (for July among other things). Can you find them all?

J	U	B	I	L	E	E	E	C	J
U	U	J	U	S	T	I	C	U	U
D	O	G	U	K	E	K	T	B	S
O	J	U	G	G	L	E	P	O	T
J	U	K	E	B	O	X	E	X	I
U	U	C	R	E	P	M	U	J	C
J	R	I	J	U	R	Y	P	M	E
U	Y	T	C	B	O	X	L	B	E
G	M	B	O	E	L	B	M	U	J
J	U	M	B	O	E	G	D	U	J

Jubilee Judge Judo Jug  
Juggle Juice Jukebox July  
Jumbo Jumble Jumper Jury  
Just Justice Jute